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#### Get Caught Recycling!™

We need your help finding and catching people helping our environment. If you see someone recycling, tell them THANKS and that they've been caught recycling! Send us a picture of one of your friends you've caught!

getcaughtrecycling.org

LOOK INSIDE TO SEE WHO ELSE HAS BEEN CAUGHT!



#### How to Pack a GREEN LUNCH



Everything in a "Green" lunch can be REDUCED, REUSED, or RECYCLED. By packing a green lunch, you reduce garbage which can prevent pollution, save energy, conserve natural resources, and help protect the environment.

#### **REUSE:**

- Durable forks, spoons, and knives
- Cloth napkins
- Drink containers
- Reusable lunch containers
- Plastic baggies

#### RECYCLE:

- Aluminum cans
- Glass bottles
- Paper bags
- Food scraps

#### REDUCE:

- Garbage
- Pollution
- Energy waste





## Cet Caushi



Use this form to help keep track of the items you recycle in your school. This information can help you decide how best to keep your school environ-friendly!

TYPE OF MATERIAL	AMOUNT COLLECTED IN ONE WEEK	SCHOOL RECYCLING BINS?
Aluminum Cans		
Steel Cans		
Cardboard & Paper		
Glass		
Plastic		
Other		

Source: www.recycle-more.co.uk/schools/homepage.asp:

#### HOW YO

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"Rooock, Cha ReeCyycl

Kansas University



Paid for by the Kansas Department of Health

# Recycling!"

#### **DU CAN HELP**

our school recycling.

competitions to

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ts the most!



#### Homemade Paper

#### What You Need:

- old newspapers
- a bucket
- water
- a wooden spoon with a long handle
- a square tray or pan
- screen
- · a flat piece of wood or a large book
- food coloring (optional)

#### What You Do:

- Tear up 2 or 3 single sheets of newspaper and place them in a bucket with about 5 cups of water and leave to soak overnight.
- 2. When the paper is soft, use a wooden spoon (or your hands) to mush it into a pulp.
- 3. Pour about an inch of water into the square pan and lay the screen in the pan.
- 4. Take about a cupful of mushy paper from the bucket and pour it over the screen. Spread the pulp evenly over the screen using your fingers.
- 5. Carefully lift out the screen and place on some spare newspaper to drain.
- 6. Place another section of newspaper on top of the pulp, and carefully turn the whole thing over so that the screen is now on top of the pulp. Leave both sections of newspaper in place.
- Place your wood or book onto the newspaper and push it down to squeeze out the water.
- 8. Remove the top piece of newspaper and the screen. Then leave the pulp to dry for at least 24 hours.

Optional: Add petals or leaves to the pulp • Add ink to the pulp to make colored paper • Make paper mache by mixing old newspaper with glue paste instead of water. • You can make all sorts of exciting models – try pasting paper layers onto a balloon to make a paper mache head.

Source: www.recycle-more.co.uk/nav/page567.aspx

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### Caught

### Recycling Rocks!

"Recyclebods"
Washburn University
Topeka, KS



## Kansas Kids Say:

A Inc.

"I recycle pop cans and I pick up trash at the park."

DaShaunnla,
Conway Springs



Stephen, Phillipsburg:
"I recycle aluminum cans and then we take them to a recycling center."

### Look Who We Caught!

Sara was caught recycling in Wichita.

Her family collects all paper,
plastic, and cardboard and takes
the material to a recycling center.



Charles, Belle Plaine:
"I recycle cans. I build a city
out of them in my room."

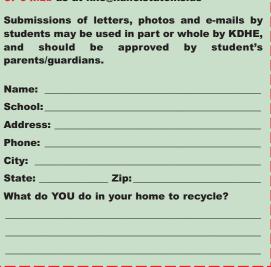


Chris, Belle Plaine:
"I recycle paper. I
also recycle pop
cans and bottles."

Send it in! We want to know why recycling is important to you! Send in this form with a photo of yourself and we'll put you in the next issue of Kansas Kids Can!

Mail to: Kansas Kids Can, 1000 SW Jackson, Suite 320, Topeka, KS 66612

Or e-mail us at kkc@kdhe.state.ks.us





Levi, Belle Plaine: "I recycle lots of cans."



Jacob, Admire:
"Me and my mom walk
in town picking up
cans as we go."



Jenna, Conway Springs:
"We have a trash can that
we put cans in and then
we smash them and
take them in."